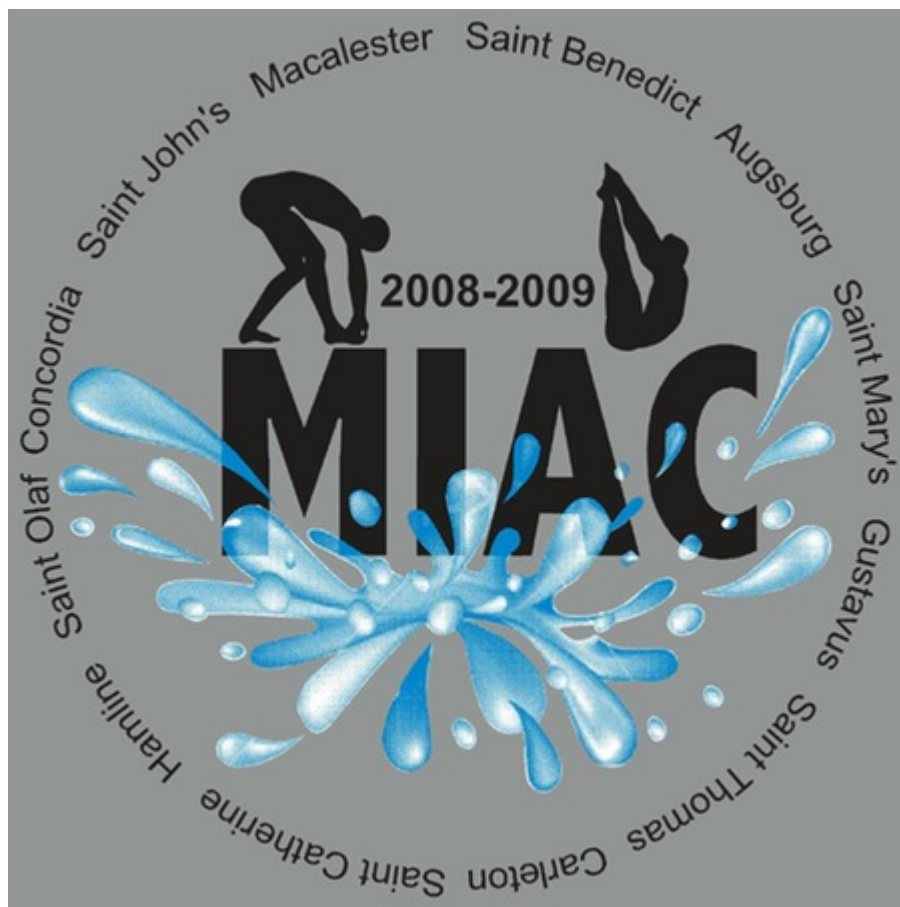


2008-09 MIAC Swimming & Diving Championships

February 19-21, 2009

**University of Minnesota Aquatics Center
Minneapolis, Minn.**

Host: Gustavus Adolphus College



Day 1 (2/19)	Morning Session Results	Evening Session Results	Day 1 Recap
Day 2 (2/20)	Morning Session Results	Evening Session Results	Day 2 Recap
Day 3 (2/21)	Morning Session Results	Evening Session Results	Day 3 Recap

Championship Previews: | [Women](#) | [Men](#) |

Photo Galleries: Day 1 | Day 2

[Schedule](#) | [Psych Sheet](#) | [Ticket Information](#)

2008-09 MIAC Swimming & Diving Championships - Day 3 Recap

Courtesy of Tim Kennedy, Gustavus Sports Information

February 21, 2009



(Photo courtesy of Ryan Coleman, D3sports.com)

WOMEN'S RECAP

The Carleton women's swimming and diving team won the MIAC Championship in convincing fashion finishing 101.5 points ahead of second place Gustavus. The meet was held at the University of Minnesota Aquatics Center in Minneapolis. The University of St. Thomas finished third with 496 points, and St. Olaf was fourth place with 479 points. The Knight's title was the third in program history, but the first since winning back-to-back titles in the 1999-2000 and 2000-01 seasons.

Carleton picked up two event titles on the day including Kaarin Taylor in the 200 butterfly, and Maggie Alexander in the 200 backstroke. Alexander's time of 2:03.04 in the 200 back was a new conference and meet record.

Other event champions on the day included Annie Flanagan of Macalester, who won the 1-meter diving with a 404.80, Carrie Gundersen of Gustavus, who won the 1650 freestyle in a new conference and meet record time of 17:09.69, Anika Erickson of Gustavus, who won the 200 breaststroke in a meet record time of 2:21.93, Becca Nye of St. Thomas, who won the 100 freestyle with a time of 51.87, and the St. Thomas 400 free relay team of Jena Root, Ali Krieger, Maddie Frost, Becca Ney, which won in a new meet record time of 3:30.30.

Meet awards were presented at the conclusion of the meet and the winners were:

Female Diver of the Year: Anne Flanagan, Macalester

Co-Female Swimmers of the Year: Maggie Alexander, Carleton and Carrie Gundersen, Gustavus

Women's Swimming Coach of the Year: Nicole Hempler, St. Catherine

Diving Coaches of the Year: Gabe Korteum, St. Olaf/Carleton, Mark Dusbabek, St. Thomas, and Gregg Rappe, Macalester

TEAM SCORES

Carleton College 721

Gustavus Adolphus College 619.5

University of St. Thomas 496

St. Olaf College 479

Macalester College 334.5

College of St. Benedict 285.5

College of St. Catherine 259

Concordia College 223.5

Hamline University 159

Saint Mary's University 74

Augsburg College 62

Women's Results (Top 3 All-MIAC)

1-meter Diving - 1, Annie Flanagan, Macalester, 404.80; 2, Lauren Trudeau, Concordia, 368.80; 3, Kasya Mestnik, St. Thomas, 350.30

1650 Freestyle - 1, Carrie Gunderson, Gustavus, 17:09.69, 2, Grace Fleming, Macalester, 17:57.14, 3, Layla Clauss, St. Thomas, 18:09.64

200 Backstroke - 1. Maggie Alexander, Carleton, 2:03.04; 2. Kale Zicafoose, Carleton, 2:03.95; 3. Jena Root, St. Thomas, 2:07.7

100 Freestyle - 1. Becca Ney, St. Thomas, 51.87; 2. Lauren Snyder, St. Olaf, 52.16; 3. Becky Alexander, Carleton, 52.60

200 Breaststroke - 1. Anika Erickson, Gustavus, 2:21.93; 2. Kate Alexander, Carleton, 2:25.62; 3. Karoline Hart, Macalester, 2:25.83

200 Butterfly - 1. Kaarin Taylor, Carleton, 2:11.76; 2. Marnie Luke, Gustavus, 2:12.48; 3, Steph Korba, Gustavus, 2:14.65

400 Free Relay - 1. St. Thomas (Jena Root, Ali Krieger, Maddie Frost, Becca Ney) 3:30.30; 2. Carleton, 3:31.42; 3. St. Olaf, 3:34.69



(Photo courtesy of Mike Ludwig, St. Olaf Sports Information)

MEN'S RECAP

The St. Olaf men's swimming and diving team claimed its second MIAC Championship in the last three years with 851 points. Defending champion Gustavus finished second with 738 points, while the University of St. Thomas placed third with 487, and Carleton finished fourth with 441. The meet was held at the University of Minnesota Aquatics Center in Minneapolis.

The Ole's claimed three more first place finishes on the final day including Ian Straehly in the 3-meter diving (434.5 points), Jake Koch in the 100 freestyle with a new conference and meet record time of 44.89, and Nelson Westby in the 200 breaststroke in a new conference and meet record time of 2:01.44.

It was another record-breaking day for the men as four conference records were broken in the seven events held during the day. Skylar Davis of Gustavus started the evening session off by winning the 1650 freestyle for the third consecutive year in a new meet record time of 15:49.04. Peter Mullee of St. Thomas then broke the conference and meet record in the 200 backstroke with a time of 1:49.27, followed by Jake Koch of St. Olaf breaking a 10-year old conference record in the 100 freestyle with a time of 44.89. Later, Nelson Westby of St. Olaf broke the conference and meet record in the 200 breaststroke with a time of 2:01.44 and Matt Stewart won the 200 butterfly in a new conference and meet record time of 1:49.28.

Meet awards were presented at the conclusion of the meet and the winners were:
Co-Male Divers of the Year: Ryan Trostrud and Ian Straehly of St. Olaf
Male Swimmer of the Year: Nelson Westby of St. Olaf
Men's Swimming Coach of the Year: Tom Hodgson, St. Thomas
Diving Coaches of the Year: Gabe Korteum, St. Olaf/Carleton, Mark Dusbabek, St. Thomas, and Gregg Rappe, Macalester
TEAM SCORES

St. Olaf College 851
Gustavus Adolphus College 738
University of St. Thomas 487
Carleton College 441
Saint John's University 431
Macalester College 204
Saint Mary's University 188
Hamline University 134
Men's Results (Top 3 All-MIAC)
3-meter Diving - 1, Ian Straehly, St. Olaf, 434.55; 2, John Knapp, Carleton, 432.5, Ryan Trostrud, St. Olaf, 392.7
1650 Freestyle - 1. Skylar Davis, Gustavus, 15:49.04; 2. Nate Bentley, St. Olaf, 15:52.01; 3. Whitaker Davis, Gustavus, 15:53.98
200 Backstroke - 1. Peter Mullee, St. Thomas, 1:49.27; Nate Young, Macalester, 1:51.18; 3. Adam Meyer, St. Olaf, 1:53.64
100 Freestyle - 1. Jake Koch, St. Olaf, 44.89; 2. Tyler Wakefield, Gustavus, 46.8; 3. Erik Huls, St. Thomas, 46.89
200 Breaststroke - 1. Nelson Westby, St. Olaf, 2:01.44; 2. Ted Marschall, Carleton, 2:02.60; 3. Chris Bateman, St. Olaf, 2:06.31
200 Butterfly - 1. Matt Stewart, Gustavus, 1:49.28; 2. Josh Seaburg, Gustavus, 1:54.74; 3. Erik Witzel, St. Olaf, 1:55.20
400 Free Relay - 1. Gustavus (Matt Stewart, Clem Auyeung, Dave Pearson, Tyler Wakefield) 3:04.7; 2. St. Olaf, 3:05.66; 3. Thomas, 3:08.41

Women's Swimming & Diving History	Men's Swimming & Diving History
Women's Recordbook	Men's Recordbook
Women's Archives	Men's Archives
2008 Day 1 Results: Morning Evening	2008 Day 1 Results: Morning Evening
2008 Day 2 Results: Morning Evening	2008 Day 2 Results: Morning Evening
2008 Day 3 Results: Morning Evening	2008 Day 3 Results: Morning Evening
2008 Championships Recap	2008 Championships Recap
2008 MIAC Awards	2008 MIAC Awards

MIAC Women's Swimming & Diving: | [Website](#) | [Composite Schedule](#) | [Top Times](#) | [Team Pages](#) |

MIAC Men's Swimming & Diving: | [Website](#) | [Composite Schedule](#) | [Top Times](#) | [Team Pages](#) |

University of Minnesota Aquatics Center | [Website](#) | [Map](#) |